

SCUUF

South Coast Unitarian Universalist Press



Oregon South Coast Unitarian Universalist Fellowship, PO Box 3242, Coos Bay OR 97420

January 2020 Issue

(Deadline for material for the February 2021 issue: February 3, 2021)

Allen M. Solomon, Editor
541/808-0877
allen.m.solomon@gmail.com

SCUUF Programs and Activities for

January – Until further notice, all programs will be held **on-line** Sundays at 10:00 am. Jessica Lloyd-Rogers emails the ZOOM Conference numbers to everyone on our email list with the list of recurring dates. The same link should work for every meeting. However, Jessica will be sending out a weekly email reminder with the link for your convenience. The link to the meeting also can be found on the SCUUF website under *Upcoming Services*. If you need help to join the service, call Jessica at 541-294-2899, starting as early at 9:30 am every Sunday.

Theme: IMAGINATION

3 January. *Science and Reason.* Mark Stueve. Exploring the ways in which science and reason lead us to the practice of waking up to possibility; widening our view of what's possible through imagination.

10 January. *Right Now I Believe.* Cliff Mayfield and Art Poole. Two members/friends present their personal spiritual beliefs in this series. By sharing and supporting each other, we all grow.

17 January. *Imagination & Possibility.* Cheryl and Edwin DeLong. One way of thinking about

Imagination is as the practice of completing the world by conjuring up the world's missing parts. Cheryl and Edwin will share their direct experience with this as a way of life.

24 January. *Imagination.* Dr. Ruth Miller. The human mind is remarkable in many ways, among them the ability - which apparently no other species has, to create images and emotions about what has not yet happened. We call it imagination. And today the use of that particularly human faculty is almost overwhelming in its use and application. Dr. Ruth Miller explores how our imagination guides us and can mislead us in our day-to-day activities and our attempts to make things happen in our world.

31 January. *An Imaginative Surprise.* Paula Bechtold. Community member and retired judge Paula Bechtold joins us as a special guest sharing insights and inspiration.

Provided by Kay Kerriden, Program Chair

Meetings

SCUUF Board of Directors

The Board of Directors normally meets on-line at 7 PM the second Monday of the month (here, 11 January). There was no Board meeting in

December. Check with Jessica to determine the Zoom address of the January meeting.

SCUUF Program Planning Committee

The Program Planning Committee meets on-line after the second Sunday SCUUF meeting of each month, here, 10 January.

President's Message

2020 was a challenging year with many lessons for our members and friends. Out of the chaos, we have learned that we are capable and adaptable people. We are creative and we persevere. We have all learned new skills, techniques, and coping skills. This morning, on a Zoom call (much more frequent since Covid-19 began) a friend of mine said, "We get better as we weather." We have certainly weathered over this past year.

In addition to the above, we have learned that if we don't take the time to stop and reflect, sometimes the Universal Source will do that for us. We have learned compassion for all those whose lives have been affected by Covid-19. We have learned to wear masks and distance, not so much so that we won't fall ill, but out of love and concern for those around us. This pandemic has taught us that we are all connected in this world and our behaviors and actions matter. We have learned that it is okay to ask for help when we need it and that offering love and help before being asked is compassion in action. We have learned the importance of having routines and structure when the days run together; that caring for ourselves with good food, rest, and connection with others is as important as looking out for others. We have learned about hope for the future and the joy of belonging to something larger than ourselves.

We can bring all of this as we move into the New Year. 2020 was a year of challenge and learning. 2021 is our opportunity to fully develop and share the knowledge we have gained.

My wish for each of you is a New Year filled with hope and love. Whether you bloom where you are planted or reach out to the wider world, I see each of you becoming the change you see for the world. May 2021 be a blessed year for each one of you.

*Jessica L. Lloyd-Rogers, President
SCUUF Board of Directors*

Support the SCUUF Virtual Thrift Store. If you can contribute merchandise (clean, intact, functioning), please contact Asiale Crumley by email (asialeecrumley@gmail.com) or telephone (541-888-4349)

UNSUBSCRIBE

If you no longer wish to receive the SCUUP, please let us know by contacting Jean at 541-808-0877 or j5adamson@gmail.com

HERE TO SERVE: THE SCUUF BOARD OF DIRECTORS for 2020-2021

Jessica Lloyd-Rogers, President,
jessica.lloyd.rogers@gmail.com
Melinda Levine, Secretary,
melindaleevine@gmail.com
Jean Adamson, Treasurer,
j5adamson@gmail.com
Robin McCreery, Director, rctlhwk@gmail.com
Kathy Maxham, Director, kmaxham@gmail.com