

SCUUF



South Coast Unitarian Universalist Press

South Coast Unitarian Universalist Fellowship, PO Box 3242, Coos Bay OR 97420

May 2020 Issue

(Deadline for material for the June 2020 issue: May 27, 2020)

Allen M. Solomon, Editor
541/808-0877
allen.m.solomon@gmail.com

SCUUF Programs for May

Until further notice, all programs will be held **on-line** Sundays at 10:00 am. Jessica Lloyd-Rogers will email the ZOOM conference numbers to everyone on our email list weekly, although the same link should work for every meeting. The link to the meeting also can be found on the SCUUF website under *Upcoming Services*. If you need help to join the service, call Jessica at 541-294-2899, starting as early at 9:30 am every Sunday.

April Theme: Thresholds

May 03. Robert Mahaffy. *Plutarch's Parallel Lives of Illustrious Greeks and Romans continued.* Socrates and Jesus

May 10. Jessica Lloyd-Rogers. *Motherless or Un-mothered? Healing the Mother Wound.* Many adults silently grieve every Mother's Day as they deal with the shame and pain of being un-mothered. The Mother Wound is deep, often generational, and can last a lifetime unless mended. Healing is possible and while it is easier with the help of others, it can be done on one's own. Learn how to tend, mend, and fan the embers of your internal mother until it flames into life and fires up your confidence, trust, and sense of home.

May 17. Jean Adamson and Connie Earhart *"Right Now, I believe...."* Join us as two members/friends present their personal spiritual beliefs in this series. By sharing and supporting each other, we all grow.

May 24. Suzann Stroup. *Portals and Precipices.* I see these as jumping off points for moving forward. How do you gather what you've learned when facing a fork in the road? What are your tools for movement toward future decisions? What has inspired your choices in the past?

May 31. Christina Alexander. *At the Threshold.* Here we find ourselves; we have arrived at the threshold of separation, transformation and reintegration – a prescient choice of subject by the Program Committee during this time. We will explore what it might mean to step through the boundary that a threshold represents, and occupy a new reality.

President's Notes:

Thank all of you who have responded to the challenges of this pandemic by staying safe and helping keep others Covid-19 free by following the safety protocols that have been put in place to help flatten the curve. I know that it is not easy seeing your friends in the electronic virtual world instead

of real space. It is hard to Zoom a hug. For some of us the isolation and social distancing are taking an emotional toll. I've had some success with reframing this time from isolation to a chance to catch up on household tasks, writing, and other projects. I also want to send a huge "Thank You" to Robin McCreery for her support as Service Leader. She moved from the actual to the virtual with magic and grace and made it all look easy in the process. She is also gathering a library of songs with lyrics to use with our services. Thank you, Robin!

How to Support SCUUF

This Fellowship is a community of ourselves. Its energy and resources are OUR energy and resources. When we contribute to the life of OUR community, we affirm our lives within it. While we have moved to a virtual format for the health and safety of our members and friends, we still have real life expenses and appreciate your continued support. By the time you read this, SCUUF should have completed the process of having a PayPal button on our website, YouTube, and Facebook. We will also still gratefully receive your donations by check via the US Mail at our postal box address. SCUUF, P.O. Box 3242, Coos Bay, OR 97420. Thank you for your continued support.

Terrific News

SCUUF has been awarded a nearly \$2,000 grant from UUA.org. We were asked to submit a list of what we needed to maximize our outreach and service to our fellowship in the virtual space. Our list included an enhanced Zoom account that sets us up for services, interviews, webinars, and live streaming to Facebook Live and Youtube.com; a very good camcorder for stills, video, and live-streaming, tripod for camera, external mics (including lavalier mics) and a podcasting package for internet and radio podcasting.

This will allow us to make quite the splash from our little corner of the world. I'm especially excited about this because I have more than 10 years in radio and I know the outreach and impact this equipment will give us – both to enhance and build our spiritual learning and exploration as well as to build our Fellowship. As Mark Stueve remarked, "With virtual outreach and internet services, we

can attract folks from all over the world." Yes, we can and I can't wait for us to start.

SCUUF YouTube Channel

Did you know that there is now a SCUUF YouTube channel? That's right. Now, if you miss our Sunday at Home Virtual Service on Zoom, or you have heard a particularly impactful talk and you want to listen again, you can easily do so. Go to YouTube.com and type in *South Coast Unitarian Universalist Fellowship*. Our channel should pop right up. The plan is to hold our service, upload it to YouTube, and provide a link on our Facebook page.

Annual Meeting

Our SCUUF Annual Meeting will be held on Sunday, May 3, 2020 at 1pm. It will be a virtual potluck. Join us on Zoom with your favorite meal and beverage. You will receive two Zoom invitations for that day. One for the regular Sunday Service. The second Zoom invitation will be sent out for the Annual Meeting.

Proposed Candidate Slate

Elections will be held during the Annual Meeting. Thank you to our Nominating Committee composed of Jean Adamson, Kathy Maxham, and Dr. Linda Smith for volunteering their time. They are presenting the following slate of Directors and Officers:

President – Jessica L. Lloyd-Rogers

Secretary – Barbara Miles

Treasurer – Jean Adamson

At Large – Kathy Maxham

At Large - Robin McCreery will begin the second year of her two-year term.

The new slate of Officers and Directors will take office on July 1. If you have suggestions for other nominations, please contact a committee member.

Bylaws Update

On January 1, 2020 several statutory changes to ORS 65, the statute governing nonprofits (including churches) went into effect. Our bylaws must be revised to incorporate those changes. We will also

take the opportunity to update bylaws. Our intent is to have a draft of the revised bylaws available for review. Per our current bylaws, we required to notify the SCUUF membership of any suggested changes at least 30 days before a vote is taken. That vote is tentatively scheduled for July.

Poetry for the Pandemic (and Poetry Month)

The response to April's Poem a Day for Poetry Month (and the Pandemic) has been very well received. I love reading the comments you send about how much the poetry means when it shows up in your inboxes. In addition to statements like, "powerful", "impactful", "made me think of what I'm grateful for," and "brought me to tears," several of you have written to say how encouraged you are by this small gift each day. I have also had to pleasure of meeting several of you over poetry that I have not met in person. These daily poems give twice – to you and to me. I enjoy finding just the right poem for each day. If there is enough interest, I will continue as it is also a bright spot for me every morning. If you have a poem you have written, or simply one that you love and find encouraging, please send it to me at jessica.lloyd.rogers@gmail.com

*as ever, Onward,
Jessica L. Lloyd-Rogers
President, SCUUF*

HERE TO SERVE: THE SCUUF BOARD OF DIRECTORS for 2018-2019

Jessica Lloyd-Rogers, President, jessica.lloyd.rogers@gmail.com
Barbara Taylor, Secretary, bltaylor27@gmail.com
Jean Adamson, Treasurer, J5adamson@gmail.com
Robin McCreery, Director, rdtlhwk@gmail.com
Mark Stueve, Director, mstueve@socc.edu

Other Announcements

Support the SCUUF Virtual Thrift Store. If you can contribute merchandise (clean, intact, functioning), or recycled bubble wrap and air pillows, please contact Asialee Crumley by email (asialeecrumley@gmail.com) or telephone (541-888-4349). Unfortunately, Asialee cannot accept packing peanuts or other styrofoam.

SCUUF CARE COMMITTEE

Barbara Miles 541-751-0082
bmiles14@charter.net
Suzanne Robins Stroup 1-551-206-9830
suzannrobins@gmail.com

UNSUBSCRIBE

If you no longer wish to receive the SCUUF, please let us know by contacting Jean at 541-808-0877 or j5adamson@gmail.com



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