

SCUUF



South Coast Unitarian Universalist Press

South Coast Unitarian Universalist Fellowship, PO Box 3242, Coos Bay OR 97420

November 2019 Issue

(Deadline for material for the December 2019 issue: November 21, 2019)

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SCUUF Programs and Activities for October - All programs will be held Sundays at 10:00 am at the Dolphin Theater.

November Theme: Attention

November 3. LeAnn Lovee. *Those who are no longer with us.* This time of year it is tradition to acknowledge those who have passed on. Please bring your photos or other mementos of those who are dear to you. We will explore the importance of revisiting the memories and celebrating the lives of those who are no longer with us.

November 10. Ahlyn Bodhi. *Pay Attention!* Where we give our attention is where we invest our souls and our lives. Our attention is one of our Biggest Powers, perhaps our Highest Power!

November 17. Barbara Taylor and Edwin DeLong. *Right Now, I Believe.....* Join us as two members/friends present their personal spiritual beliefs in this new series. By sharing and supporting each other, we all grow.

November 24. Jessica Lloyd-Rogers. *The Science of Gratitude.* Religious leaders and philosophers have talked of the importance of being grateful. But could there be more than the 'feel good' benefits? Scientific research has made great strides in exploring the many benefits, some

of which are quite surprising. Learn why and how to incorporate more gratitude into your life.

Meetings

- **Board meeting.** Monday, November 11, 7:00 pm at Coos Bay Library Cedar Room.

- **Program Planning meeting.** Sunday November 10, following the service.

October 14 2019 SCUUF Board Meeting

The UUA restructured the annual Fair Share amount, so that SCUUF now pays less per certified member. This change saves us more than \$1400 per year.

A total of \$183.26 was donated for SOVO (Southern Oregon Veterans Organization) this past quarter. The next quarter's Social Justice recipient will be SAFE, previously the Women's Safety and Resource Center.

Treasurer Jean Adamson distributed an updated membership list, as well as a letter to email to members and friends, for updating the SCUUF directory.

An idea for fundraising, suggested by Mark Stueve, is for members and friends to bring excess produce on Sunday mornings to share with others, for a donation. All proceeds would go to SCUUF.

The next Board meeting will be held on November 11th. all are welcome.

-Barb Taylor, SCUUF Secretary

Announcements

Holiday Tree at Shore Acres. The Shore Acres holiday tree lighting will take place on *November 10th*, after the SCUUF service. If it is rainy, the decoration date will be *November 17th*. Taking down decorations will be done on *January 5th*. If the weather is stormy, we will take down decorations on *January 12th*.

Storm Watchers Needed. It is imperative that our holiday tree be checked on a regular basis between Thanksgiving and New Year's Day, especially after any storm. High winds can send decorations to the ground. If we do not maintain the tree properly, Friends of Shore Acres will give the privilege to another party on their long waiting list. Please see any board member if you are willing to be one of our holiday tree "checkers," so that a maintenance schedule can be devised. Thank you!
-Barb Taylor, SCUUF Secretary

Support the SCUUF Virtual Thrift Store. If you can contribute merchandise (clean, intact, functioning), or recycled bubble wrap and air pillows, please contact Asialee Crumley by email (asialeecrumley@gmail.com) or telephone (541-888-4349). Unfortunately, Asialee cannot accept packing peanuts or other styrofoam.

Wild Coast CUUPS. The earth-based Covenant of Unitarian Universalist Pagans meet the last Friday of each month. This is not a meeting as much as a social gathering, a time to get to know others on a more personal basis. We begin with a potluck at 6pm, followed by a campfire (weather permitting) at the home of Gary and Suzann Stroup. Call 551-206-9830 for directions and to let us know you are coming.

HERE TO SERVE: THE SCUUF BOARD OF DIRECTORS for 2018-2019

Jessica Lloyd-Rogers, President, jessica.lloyd.rogers@gmail.com
Barbara Taylor, Secretary, bltaylor27@gmail.com
Jean Adamson, Treasurer, J5adamson@gmail.com
Robin McCreery, Director, rdtlhwk@gmail.com
Mark Stueve, Director, mstueve@socc.edu

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If you no longer wish to receive the SCUUP, please let us know by contacting Jean at 541-808-0877 or j5adamson@gmail.com